Intro to the music so kids can get their places:

The kids dance 3 times to the same music-It is "We the People"

1. Small circle inside a larger circle (everyone holding hands)

**Outside goes right, inside goes left** 8 beats

Go **opposite directions** for 8 beats

**March in** 8 beats-arms go up

**Go back** **out** 8 beats-arms go down

Repeat

2. Inside circle - not touching- goes down in a crouch for 4 beats then stand up for 4 beats w/ arms up (8)

Outside circle- not touching-stands with arms up for 4 beats then crouches down for 4 beats

 Do 2 times

Inside circle backs out of the outside circle, (8)

 while outside circle holds hands high (once outside, hands are down).

Then the Inside circle side steps to the right two steps (4)

 and walks back into the inside (4)

Repeat

(SKIP TO THE NEXT PART!)

3. #1 becomes the leader and all youth get behind in a STRAIGHT line

#1 goes to the back of the line and marches back to the front and just marks time until the next step (16) marching

Lean right, arm outstretched straight in V shape, do twice (8)

Lean left, arm outstretched in V shape, (8)

Bend over slightly, palms facing forward, pointed to ground and rising up (8)

Start rising up. Just before the last beat, pull both elbows back, then shoot arms forward in V (8)